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## Pubertal development of *Bos taurus* bulls

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Pressure to improve the growth traits of beef cattle has resulted in the selection and use of younger bulls in an effort to shorten generation intervals. However, variability in the onset of puberty, among and within breeds, has resulted in great variability in the reproductive performance of young bulls. Poor reproductive performance by yearling bulls may be partly due to an inadequacy in mating ability; however, semen quality and quantity are probably more important factors. An understanding of pubertal changes and the factors that affect pubertal development is required in order to promote the successful use of yearling bulls for reproductive purposes. These factors are discussed in this issue of *Large Animal Veterinary Rounds*.

### Developmental changes in the testes

Testicular development and the establishment of spermatogenesis has been described in Holstein bulls.<sup>1</sup> The seminiferous cords that become tubules occupy 44% of the testicular parenchyma at 3 months and 81% at 8 months. A lumen is established in the seminiferous cords by about 5 months and spermatogenesis by about 8 months. The weight of a pair of testes increases from  $9 \pm 1$  g at 3 months to  $117 \pm 10$  g at 8 months of age. In comparison, at 12 months, the weight of a pair of testes with a scrotal circumference of 33.5 cm is about 500 g and it increases linearly at about 37 g/cm.<sup>2</sup> Figure 1 depicts the histological development of the testes from 2 to 10 months of age.

An initial rise in follicle stimulating hormone (FSH) from age 3 to 5 months results in a proliferation of Sertoli cells, a lengthening of the seminiferous tubules, and an increase in tubule diameter. At the same time, there is a rise in luteinizing hormone (LH) secretion resulting in increased testosterone production by the Leydig cells. From 5 to 8 months of age, FSH and LH remain low, rising again with the onset of puberty. It has been demonstrated that the greater the rise in LH at age 3 to 5 months, the earlier the onset of puberty, and the larger the size of the testes at age 12 months.<sup>3</sup> Poor health or environmental conditions that interfere with the growth of calves during this critical period are speculated to delay puberty and reduce testis size in the yearling bull. This may explain why bulls raised by heifer mothers, and presumably receiving less milk, have smaller than average testes at 12 months old.<sup>4</sup>

### Relationships of age and puberty

Testis growth is very rapid and almost linear from 7 to 12 months of age and declines after 12 months.<sup>5</sup> Between age 7 and 12 months, the scrotal circumference increases at a rate of 0.06–0.07 cm/day.<sup>5,6</sup> By age 24 months, the testes will be approximately 90% of the mature size.<sup>7</sup>

Onset of puberty has been defined as the first time the ejaculate contains at least  $50 \times 10^6$  sperm with at least 10% having progressive motility.<sup>8</sup> Several studies have shown that the age at onset of



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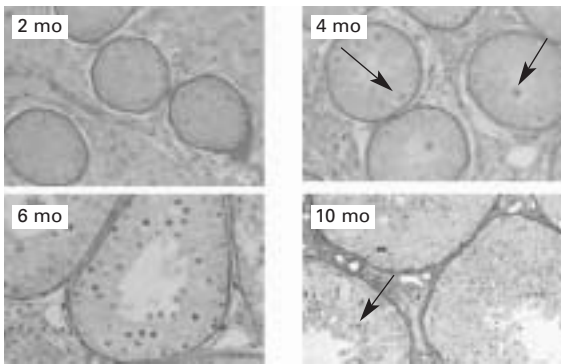
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**Figure 1: Histological development of the testes from 2 to 10 months-of-age in bulls**



Testis seminiferous cords occupy a small proportion of the testicular parenchyma at 2 months and only a few germinal stem cells can be observed within the cords. Seminiferous cords increase in length and diameter, a lumen begins to develop, germinal stem cells migrate toward the basement membrane (arrows upper right), and upon arrival initiate spermatogenesis at 4 months. By 6 months, a seminiferous tubule lumen is fully developed and different cell types of the spermatogenic line can be observed, including spermatogonia, spermatocytes, and spermatids. The first fully formed sperm (arrow lower right) appear at about age 10 months.

puberty varies from 231 to 371 days.<sup>9-11</sup> Pubertal bulls produce a high number of sperm with a variety of abnormalities. The time from onset of puberty until semen quality attains satisfactory adult levels (>60% sperm motility and >70% normal sperm morphology) is 3 to 4 months.<sup>12</sup> Studies at the Western College of Veterinary Medicine (WCVm) indicate that approximately 33% and 60% of beef bulls produce satisfactory quality semen at 12 and 14 months of age, respectively, and that most bulls will have satisfactory semen quality and are considered mature by 16 months of age.<sup>13,14</sup>

### Effect of nutrition on sexual development:

High-energy diets with adequate protein, vitamins, and minerals may hasten the onset of puberty in bulls. There appears to be only 1 published study about the effect of calthood nutrition on pubertal development. In this study, Holstein bull calves were raised on low-, medium-, and high-energy rations from 1 to 80 weeks of age and semen was collected at 14-day intervals (Table 1).<sup>15</sup>

This study demonstrated that restriction of energy intake in calves had a marked effect on pubertal development. Since later-maturing bulls have a smaller rise in LH at age 3 to 5 months than early-maturing bulls,<sup>3</sup> it would seem likely that nutritional restriction in the preweaning period is detrimental to early attainment of puberty.

**Table 1: Effect of dietary energy on age of onset of puberty in bulls<sup>15</sup>**

	Dietary energy		
	Low	Medium	High
Age (weeks) at puberty	57	49	43
Weight at puberty (kg)	252	288	330
Number of ejaculates up to 80 weeks	12	14	19
Sperm per ejaculate (billion)	2.3	3.8	3.7
60-90 day pregnancy rates (%)	74.1	72.9	74.2

Furthermore, since bull calves raised to weaning age by heifer mothers have smaller testes at 1 year than those raised by cow mothers,<sup>4</sup> it would seem likely that puberty is delayed by preweaning nutritional restriction regardless of good postweaning nutrition.

Results of recent studies at WCVm (data not published) demonstrate that early-weaned beef calves receiving low nutrition after age 2 months have retarded testis development and delayed puberty. Physiological and stimulated LH (gonadotropin-releasing hormone [GnRH]), and testosterone serum concentrations are reduced in these calves, demonstrating that restricted nutrition suppresses the hypothalamic GnRH pulse-generator and decreases pituitary responsiveness to GnRH. Serum testosterone concentrations are decreased secondary to reduced LH concentrations, possibly due to direct effects on function and/or number of Leydig cells. Therefore, delayed sexual development in bulls receiving restricted nutrition during the preweaning period results from inhibition of the hypothalamus-pituitary-gonad axis. Strategies to improve nutrition for bull calves raised by heifers during the preweaning period may hasten sexual development and possibly improve fertility in yearling bulls.

Different levels of nutrition after weaning (in calves with similar preweaning nutrition) appear to affect the rate of testicular growth; however, it is not clear whether age of onset of puberty is also affected.<sup>16-20</sup> Apparently, high-energy intake up to about age 12 months in beef bulls does not impair future semen quality provided that rations from 1 to 2 years of age do not result in fattening.<sup>16</sup> However, in one study,<sup>17</sup> beef bulls fed a high-energy diet from 6 to 11.5 months of age had lower semen quality than bulls on a lower-energy diet and the lower semen quality was likely due to the accumulation of fat in the scrotum.<sup>18</sup> These studies appear to indicate that larger scrotal circumferences at 1 year in bulls fed for maximal growth are due to hastened testis development, but in some cases, may be partly due to excess fat deposition in the scrotum. In 2 other

studies using feeding periods that lasted until age 15 months, scrotal circumference was larger and testis histology was similar at the end of the trials. However, semen quality was lower in bulls on high-energy diets compared to those on low-energy diets.<sup>19,20</sup> Thus, the likelihood of scrotal fat accumulation leading to disturbed spermatogenesis in bulls on high-energy diets increases in proportion to the amount of time the bulls are fed such diets.

High-energy diets may have other detrimental effects as well. There is evidence that excessive energy intake in young bulls may result in abnormal foot growth due to laminitis, as well as abnormal bone and cartilage growth.<sup>21</sup> In addition, high-energy diets increase the risk of rumen inflammation, liver abscess, and vesicular adenitis.<sup>22</sup>

### **Effect of breed on age at onset of puberty**

Significant genetic variations exist between breeds of cattle for age of puberty.<sup>23</sup> In general, faster-gaining and larger mature size breeds reach puberty at a greater weight than slower-gaining breeds of smaller size. Beef breeds historically selected for milk production (eg, Braunvieh, Gelbvieh, Red Poll, Pinzgauer, and Simmental) reach puberty at significantly younger ages than breeds not selected for milk production (eg, Charolais, Limousin, and Hereford). In general, the large milk-producing beef breeds have an earlier onset of puberty and have larger testes at an early age and at maturity, than smaller breeds of cattle with lower milk production. Holstein-Friesian heifers reach puberty at an age similar to heifers of the large milk-producing beef breeds.<sup>24</sup> Although direct comparisons for age at puberty in bulls of dairy and beef breeds have not been made, heifer ages at puberty and mean age at puberty of Holstein-Friesian bulls<sup>10,11</sup> suggest that the age of puberty in Holstein-Friesian bulls is comparable to bulls of the large beef breeds historically selected for milk production.

There are great differences between breeds of bulls and testis size at any given age.<sup>25</sup> In double-musled bulls, testes weight at 12 months-of-age was 14% less than in normally-musled bulls, however, the effect of double muscling on age at maturity has not been reported.<sup>26</sup> There is considerable evidence that scrotal circumference between 1 and 2 years-of-age is moderately to highly heritable.<sup>4,27,28</sup> Therefore, breeders could make rapid progress in selection for testis size and consequently, age at maturity.

### **Effect of season on onset of puberty**

The effect of photoperiod on reproduction has been characterized for many species.<sup>29</sup> Although cattle do not have distinctly seasonal reproductive activity, there is evidence

of seasonal effects in bovine reproduction. For example, a return to estrous cycles takes longer in cows that calve in winter than those that calve in summer.<sup>30</sup> The timing of puberty onset is also influenced by season of birth. In Wisconsin, heifers born in September were younger at puberty than those born in March. In addition, heifers reared in environmental chambers from age 6 months and exposed to summer (spring to fall) conditions were younger at puberty than heifers exposed to winter (fall to spring) conditions.<sup>31</sup> Photoperiod most likely plays a role in these responses since, in another experiment, heifers given supplemental light in autumn were younger at puberty than those exposed to natural light.<sup>32</sup>

Season of birth appears to influence puberty in bull calves as well. In a western Canadian study, LH pulse amplitude was significantly lower from 1 to 6 months of age in autumn-born calves than in spring-born calves, and age at puberty had greater variability in autumn-born bulls.<sup>33</sup> Photoperiod may also have an effect on semen quality since seasonal variations in LH and testosterone secretion have been reported in bulls.<sup>33-37</sup> In 4 Norwegian Red bulls, blood testosterone levels were significantly lower in October and December than in February, June, and August.<sup>35</sup> In a recent WCVI study (unpublished data), LH and testosterone secretions were lower in fall and winter and higher in spring and summer. Adequate levels of blood and testis tissue testosterone are known to be important for normal spermatogenesis.<sup>34,38</sup> In 2110, mature, western Canadian range bulls, semen quality was lowest in fall and winter and highest in spring and summer.<sup>39</sup> Since semen quality in these bulls improved in the spring when they were still on the same winter feed supplies, differences in semen quality may have been due to either milder weather conditions or increasing photoperiod.

### **Relationship of scrotal circumference to puberty**

Negative correlations ( $r$ ) as high as 0.9 have been observed between scrotal circumference, bull age at puberty, and age at puberty in half-sibling heifers.<sup>40,41</sup> Larger scrotal circumference in sires was associated with earlier age of puberty in heifer offspring ( $r = -0.98$ ).<sup>42</sup> These very strong relationships likely indicate that age at puberty and scrotal circumference have a common genetic origin. There is good evidence that heterosis in cattle for traits related to size and age at puberty in females, and scrotal circumference in males is due to dominant genes.<sup>23</sup> Furthermore, in 2 studies, correlations of 0.66 and 0.97 were found between breed means for scrotal circumference and fertility of female offspring.<sup>23,43</sup>

**Table 2: Relationship of scrotal circumference with percentage of bulls that had onset of puberty<sup>8</sup>**

Onset of puberty	Scrotal circumference
32 %	27 cm
52 %	28 cm
74 %	29 cm
97 %	30 cm

Scrotal circumference may be a better indicator of puberty than either age or weight, regardless of breed.<sup>8</sup> In a group of 31 bulls comprised of several breeds, age at puberty varied by 62 days among breeds and by 88 days among bulls. However, breeds did not differ in scrotal circumference at onset of puberty. Scrotal circumference at onset of puberty averaged  $27.9 \pm 0.2$  cm and ranged from 25.9 to 30.1 cm (Table 2).

### Selection of bulls at weaning.

The first opportunity for selection and culling of bulls is after weaning when they are 6- to 8-months-old. At this age, only a few calves clearly display undesirable conformational attributes and the main criterion for selection is testicular development. Bulls that are unlikely to reach the minimum desired scrotal circumference by age 12 months might be castrated and sold, or fed as steers.

Some studies have indicated that scrotal circumference at weaning is useful for predicting scrotal circumference at 1 year of age.<sup>44,45</sup> However, a study involving 708 bulls fed in a record of performance (ROP) station in western Canada, indicated that scrotal circumference at weaning was not reliable for predicting yearling scrotal circumference.<sup>6</sup> Using the guidelines of the Western Canadian Association of Bovine Practitioners, 59% to 91% of all ROP bulls, depending on breed, achieved the minimum suggested scrotal circumference at age 1 year. A large portion of these bulls met the minimum requirement at 365 days of age even though they had well-below the minimum suggested scrotal circumference at 240 days. Therefore, weaning scrotal circumference should not be used as a culling tool. On the other hand, bulls with a scrotal circumference measurement  $\geq 1$  standard deviation above the mean at 240 days of age had a high likelihood of achieving the minimum requirement for scrotal circumference at 365 days. Therefore, weaning scrotal circumference could be used as a tool for selecting bulls with a high probability of achieving the minimum scrotal circumference at 1 year.

**Table 3: Mean scrotal circumference (cm) of 12-month-old bulls determined from 6 studies in Canada and the USA<sup>25</sup>**

Simmental	34.5	Red Poll	32.7	Hereford	31.9
Brown Swiss	33.8	Charolais	32.6	Salers	30.9
Pinzgauer	33.7	Maine Anjou	32.6	Galloway	30.6
Gelbvieh	33.6	Shorthorn	32.2	Limousin	30.0
Angus	33.3	Tarentaise	32.0	Blonde d'Aquitaine	29.5

### Selection of bulls at 1 year of age

Final selection of bulls for breeding potential can be done when bulls are 12-16 months old. This is the period when puberty is ending and the rapid testicular development of previous months tapers off. At 14 and 15 months of age, about 60% and 80% of bulls, respectively, will be sexually mature (able to produce semen with satisfactory quality).<sup>14</sup> However, yearling bulls with a small scrotal circumference at age 1 year, still had a small scrotal circumference at 2 years old.<sup>5</sup>

Several studies have indicated that the fertility of yearling bulls is not significantly lower than that of older bulls.<sup>46-49</sup> Producers wishing to use yearling bulls should select bulls with early birth dates, good sex drive, and normal mating ability. Scrotal circumference should be above-average for age and breed and a semen evaluation must be performed to ensure that the pubertal period has passed.

Table 3 shows recent scrotal circumference data from 6 studies of bulls in ROP stations.<sup>25</sup> Data were corrected to 365 days of age using a factor of 0.06 cm/day of age for bulls <365-days-old and 0.04 cm/day of age for bulls >365-days-old. For example, the mean scrotal circumference for a Simmental bull at 365-days-old is 34.5 cm; while a 335-day-old Simmental bull should average  $30 \times .06 = 1.8$  cm less. The mean scrotal circumference in a Limousin bull that is 20 days older than 1 year should average  $20 \times .04$  cm = 0.8 cm larger than the mean of 30.0 cm.

The minimum recommendations for scrotal circumference in Table 4 eliminates bulls in approximately the bottom 15% for most breeds. In some of the breeds, the cut-off suggested is somewhat more than 15% to increase selection pressure.<sup>25</sup>

### Summary

In summary, it is desirable to select bulls for early puberty to increase the probability of their usefulness as breeding bulls at 14 to 16 months of age. In addi-

**Table 4: Suggested minimum scrotal circumference (cm) for common beef breeds at different ages<sup>25</sup>**

Age Mo.	Simmental, Gelbvieh, Pinzgauer, Brown Swiss	Charolais, Angus, Maine Anjou, Red Poll, Holstein, South Devon	Hereford, Salers, Shorthorn, Tarentaise	Limousin, Blonde d'Aquitaine, Galloway
12	32	31	30	29
13	33	32	31	30
14	34	33	32	31
15-20	35	34	33	32
21-30	36	35	34	32

tion, these bulls will produce earlier-maturing daughters that have a greater probability for high lifetime-productivity than later-maturing females. Those involved in assisting producers in the selection of bulls must have a good understanding of the factors that influence sexual development. Two very important factors influencing age at puberty include breed and calthood nutrition. Season of birth may have important effects, however, this is not well investigated. Bulls with a high probability of having large testes at age 1 year may be selected as early as the time of weaning; however, culling due to small testes at weaning is not a safe practice since a large proportion of bulls with less than average size testis at weaning will have adequate testis size at 1 year.

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CONTACT: American College of  
Veterinary Internal Medicine  
Fax: 303-231-0880  
Website: [www.acvim.org](http://www.acvim.org)

10-12 June 2004

### WCVM/SVMA June Conference

Saskatoon, Saskatchewan

CONTACT: Anne Ruhoff  
Tel.: 306-966-7267

7-11 July 2004

### Canadian Veterinary Medical Association

Quebec, Quebec

CONTACT: Web site: [www.canadianveterinarians.net/](http://www.canadianveterinarians.net/)

11-16 July 2004

### 23<sup>rd</sup> World Buiatrics Congress

Quebec, Quebec

CONTACT: [www.wbc2004.ca](http://www.wbc2004.ca)

17-23 July 2004

### World Sheep and Wool Congress

Quebec, Quebec

CONTACT: Web site: [www.worldsheep.com/](http://www.worldsheep.com/)

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